

# Hello, September!

## Menu: LaGrange k-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Holiday</b>	<b>Sep 5</b> Chicken & Cheese Nachos 2oz Tortilla Chips 2oz Seasoned Black Beans 3/4c Pear 1/2c	<b>Sep 6</b> Turkey Sloppy Joe 4oz Hamburger Bun 2oz Baby Carrots 1/2c Orange 1/2c Ranch Dressing	<b>Sep 7</b> Chicken Nuggets 2oz Pizza Crackers 1oz Tater Tots 3/4c Juice 1/2 c Ketchup	<b>Sep 8</b> Penne Meatball Marinara 2oz Hot Broccoli 3/4c Banana 1/2c Ranch Dressing
<b>Sep 11</b> Breaded Mozzarella Sticks 2oz Sauce, Marinara, PC – OK! 1/4c Lemon Chickpea Salad 1c Applesauce Cup 1/2c	<b>Sep 12</b> Chicken & Waffles 2oz Seasoned Diced Potatoes 3/4c Pear 1/2c Syrup Ketchup	<b>Sep 13</b> Vienna Beef Hot Dog 2oz Pickles 3/4c Orange 1/2c	<b>Sep 14</b> Buffalo Drumstick & Rice 2oz Mixed Greens Salad 3/4c Fruit Juice 1/2c Ranch Dressing	<b>Sep 15</b> Beef Meatloaf 2.25oz Texas Toast 2oz Diced Carrots 1/2c Banana 1/2c
<b>Sep 18</b> Hamburger 2oz Red Pepper Strips 3/4c Applesauce Cup 1/2c Ranch Dressing Ketchup	<b>Sep 19</b> Turkey-Sausage Pizza 2oz Broccoli 3/4c Pear 1/2c Ranch Dressing	<b>Sep 20</b> Turkey Ham Hoagie Sandwich 2oz Edamame 3/4c Orange 1/2c	<b>Sep 21</b> Turkey Barbacoa 2oz Tortilla Chips 2oz Corn Jalapeno Blend 3/4c Fruit Juice 1/2c Taco Sauce Ranch Dressing	<b>Sep 22</b> Popcorn Chicken/Rice 2oz Peas 3/4c Banana 1/2c
<b>Sep 25</b> Chicken Sandwich 3oz Baby Carrots 3/4c Applesauce Cup 1/2c Ranch Dressing Ketchup 1	<b>Sep 26</b> Whole Grain Bagel 2oz Turkey Sausage & Eggs 2oz Seasoned Diced Potatoes 3/4c Pear 1/2c Ketchup Jelly Cream Cheese Cup	<b>Sep 27</b> Meatball Sub 2oz Green Beans 3/4c Orange 1/2c	<b>Sep 28</b> Beef Tamale 2oz Black Bean & Corn Salad 3/4c Fruit Juice 1/2c	<b>Sep 29</b> Chicken Drumstick 2oz Dinner Roll 2oz Mixed Greens Salad 3/4c Banana 1/2c

**NOTICE:** The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**\* All Grain/Bread items served are Whole Grain Rich.**

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